

## Virtual Caregiver-Facilitated Behavior Skills Training

This virtual group is intended for caregivers of individuals with neurodevelopmental disorders who have difficulty in the areas of communication, emotional regulation, disruptive behaviors, and managing daily living tasks.

### Caregivers will learn about:

- Identifying the purpose of behaviors
- Strategies to support child to communicate effectively to others
- Managing unexpected behaviors and teaching expected behaviors
- Tools to replace concerning behaviors with alternate behaviors

### This 10-week program includes 2 sessions per week

1. An education group
2. A follow-up virtual or in-person appointment scheduled with a clinical provider for caregiver coaching to implement new skills.

❖ **\$40/week**

- (Scholarships May Be Available)

❖ **FREE initial intake required** with caregiver interested in group



## 2022 Group Offerings

### Mondays, 6:00–7:00 PM

*\*Individual caregiver coaching sessions will be scheduled on a separate day and time of the week.*

### Spring 2022

April 18<sup>th</sup>- June 27<sup>th</sup>  
(No Session May 30<sup>th</sup>)

### Summer 2022

July 18<sup>th</sup> -September 26<sup>th</sup>  
(No Session September 5<sup>th</sup>)

### Fall 2022

October 3<sup>rd</sup> – December 12<sup>th</sup>  
(No Session November 21<sup>st</sup>)

To schedule the initial intake appointment:

[AHBHHHEResourceCenter@amitahealth.org](mailto:AHBHHHEResourceCenter@amitahealth.org)

or

847-755-8536

**\*Please note the deadline to complete the required intake and register is 2 weeks before the scheduled group start date**