



**Schaumburg  
Parent  
University**



## Navigating ADHD:

# Training & Support for Parents

Dr. Michael Feld is nationally known in child and adolescent psychology with expertise in Attention Deficit Hyperactivity Disorder (ADHD). Dr. Feld will discuss the pros and cons of using medication as well as potential side effects.

He will cover areas of how to use medication properly according to type of medication and whether it is a short-, medium- or long-acting medicine. Additionally, Dr. Feld will consider best practices for parenting children and adolescents with ADHD and examine other healthy habits that are useful for students who have ADHD. As always, Dr. Feld will answer questions and reflect on personal anecdotes in his easygoing and humorous style.

### **Date & Time:**

**April 11, 2018**

**6-7 p.m.**

***Adults only event***

***Childcare available***



### **Location:**

**School District 54**

**District 54 Board Room**

**524 E. Schaumburg Road**

**Schaumburg, IL 60194**

### **To Register:**

**Meg Kwak | (847) 357-6586 | [spu@sd54.org](mailto:spu@sd54.org)**

Please leave your name, contact information and the number of children requiring childcare.

Visit <http://sd54.org/spu> for other available classes.