



A GIRL'S purpose

LIVING A HEALTHY, STRONG
& EMOTIONALLY BALANCED LIFE

CALLING ALL 5TH-8TH GRADE GIRLS AND YOUR MOMS TOO!
YOU DON'T WANT TO MISS THIS!!!!!!

Essential Oil and Yoga Workshop

We are gonna chat, laugh, ask questions and learn. We will give you tools for an AH-MAZING, healthy, strong and balanced life. Mom & Daughter date! Chat session first then you will make 2 essential oil roller bottles to take home! We will end the workshop with a powerful and calming yoga session catered just for you. Join us for this one of a kind event!

Your Purpose – A Girl's Purpose!

PRESENTED
BY
**Schaumburg
Parent
University**

Wednesday, April 25th, 2018

6 – 8 pm | \$15 per person

School District 54

Professional Learning Center

522 E. Schaumburg Road

Schaumburg, IL 60194

Childcare is available

details
←



Register with Meg Kwak 847.357.6586 or email spu@sd54.org

Moms are free unless they want to participate in the oil make and take and yoga part, then it will be an additional \$15.